1. ADMINISTRATIVE PROCEDURES AND RESPONSIBILITIES

1.0 Introduction

The purpose of the Radiation Safety Program is to assure the safe use of ionizing radiation through training, consultation, and surveillance consistent with government regulations. The Radiation Safety Program will be reviewed for effectiveness on an annual basis. This Manual pertains to use of machines producing radiation by means of an x-ray tube.

Radiation producing machines have a potential to expose individuals to hazardous amounts of radiation if not operated properly with all required safety features in place. They shall be secured from unauthorized removal or use through the use of locked rooms, or passwords required for use.

The California Polytechnic State University, San Luis Obispo, (hereinafter referred to as “CPSU”) X-Ray Safety Manual sets the standards of operations for the Radiation Producing Machine Program.

Requests for records should be directed to:
California Polytechnic State University
Office of Environmental Health & Safety
Building 80
San Luis Obispo, CA 93407

1.1 Radiation Safety Officer (RSO)

The Radiation Safety Officer (RSO) is responsible for the review of campus performance with respect to University and campus policies on radiation and radiation protection, and for informing management of program issues. The RSO is assigned the responsibility for surveillance of departmental activities and for providing services in radiation safety in conformity with policies and standards set forth in this manual. The RSO is part of the Department of Environmental Health and Safety.

The RSO is responsible for all aspects of radiation control on the campus. Each use of radiation is reviewed and approved by the RSO.

1.2 Authorized User

The Authorized user is responsible for safe use of radiation producing machines under their purview. They must ensure that such use is in compliance with all applicable State of California and University regulations. This shall include:

A. Instructing all personnel using the machines, in good radiation safety practices as
follows:

i. Operating and emergency procedures specific to their tasks.
ii. Proper maintenance of records
iii. ALARA considerations and goals.

B. Ensuring that operations involving radiation producing machines are performed by properly trained and authorized personnel.

C. Ensuring that machines under their purview have all the required safety features and are properly shielded to prevent excessive radiation leakage.

D. Posting warning labels, guidelines, and other appropriate postings as requested by the Environmental Health and Safety Office.

E. Notifying the Environmental Health and Safety Office of all changes such as changes in location, personnel, experiments, etc.

F. Notifying the Environmental Health and Safety Office immediately in the case of an accident involving radiation or potential excessive exposure.

G. Ensuring the use of personnel dosimetry and survey instruments as applicable.

1.3 Audits

An audit of the program must be performed annually.

1.4 Records

The records maintained by the Environmental Health and Safety Office are classified as First Class Records and are considered vital as stated in the CPSU Vital Records Protection Plan.

1.5 Procurement Policy

All purchases of radiation producing machines shall be accomplished through established campus purchasing channels and with the approval of the Environmental Health and Safety Office.
2. EXPOSURE STANDARDS AND DOSIMETRY

2.1 Radiation Exposure Goals

The California Polytechnic State University goal is to maintain human radiation exposure levels to as low as reasonably achievable (ALARA). The annual exposure limits for personnel over the age of 18 years are shown in table 5.1.

<table>
<thead>
<tr>
<th>Total Effective Dose Equivalent (TEDE)</th>
<th>5 rem (0.05 Sv)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lens of the Eye (LDE)</td>
<td>15 rem (0.15 Sv)</td>
</tr>
<tr>
<td>Skin (Shallow Dose, H_s)</td>
<td>50 rem (0.5 Sv)</td>
</tr>
<tr>
<td>Extremities</td>
<td>50 rem (0.5 Sv)</td>
</tr>
</tbody>
</table>

The administrative goals for annual exposure are shown in table 5.2.

<table>
<thead>
<tr>
<th>Total Effective Dose Equivalent (TEDE)</th>
<th>2 rem (0.03 Sv)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lens of the Eye (LDE)</td>
<td>5 rem (0.05 Sv)</td>
</tr>
<tr>
<td>Skin (Shallow Dose, H_s)</td>
<td>10 rem (0.1 Sv)</td>
</tr>
<tr>
<td>Extremities</td>
<td>10 rem (0.1 Sv)</td>
</tr>
</tbody>
</table>

The annual exposure limits and administrative goals for a person under the age of 18 years (a minor) are shown in table 5.3.

<table>
<thead>
<tr>
<th>Limit</th>
<th>Goal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Effective Dose Equivalent (TEDE)</td>
<td>0.5 rem</td>
</tr>
<tr>
<td>Lens of the Eye (LDE)</td>
<td>1.5 rem</td>
</tr>
<tr>
<td>Skin (Shallow Dose, H_s)</td>
<td>5 rem</td>
</tr>
<tr>
<td>Extremities</td>
<td>5 rem</td>
</tr>
</tbody>
</table>

Special Requirements for Pregnant Women

The exposure limit for an embryo/fetus, due to tasks or activities performed by a declared pregnant woman shall not exceed 0.5 rem (500 milli-rem) during the entire pregnancy. The Radiation Safety Officer or Authorized User shall make efforts to avoid substantial variation above a uniform monthly exposure rate to a declared pregnant woman so as to satisfy the limit of 500 milli-rem. If the dose to the embryo/fetus is found to have exceeded 0.5 rem (5 mSv), or is within 0.05 rem (0.5 mSv) of this dose, by the time the woman declares the pregnancy to the licensee, the licensee shall be deemed to be in compliance with paragraph (a) of this section if the additional dose to the embryo/fetus does not exceed 0.05 rem (0.5 mSv) during the remainder of the pregnancy. The declaration of pregnancy by a female employee to the radiation safety officer is an individual choice of the employee.
2.2 Compliance with Exposure Limits and Goals

Each adult receiving occupational exposure shall be provided with an individual monitoring device, and shall be required to use that device, if it is likely that the individual will exceed 10% of the applicable annual exposure limit listed in Table 5.1. Individual monitoring devices include film badges, TLDs, electronic or other self-reading dosimeters, air samplers and similar devices. The exposure determined from the processing of film badges or TLDs, or recorded by electronic or other self-reading dosimetry will be considered as deep and/or shallow dose. Deep and shallow dose components of exposure will be specified on dosimetry processor documentation as applicable or as requested.

2.3 Dosimetry

The Environmental Health and Safety Office will distribute dosimetry in the form of film badges, TLDs, and self-reading Dosimeters to personnel to aid in the assessment of radiation exposure. Dosimetry shall be issued only when careful evaluation establishes a need for the use of this monitoring technique.

These devices provide legal records of radiation exposure; therefore, it is imperative that they only be used as prescribed. When prescribed, they must be worn at all times while working with radionuclide or radiation producing machines. They must be stored away from radiation sources and protected against heat, moisture, or contamination.

Film badges and TLDs are returned to Environmental Health and Safety and are processed at predetermined intervals. The California Code of Regulations requires that personnel be supplied with and use film badges or other approved personnel monitoring devices, if they enter a radiation controlled area under such circumstances that they are likely to receive more than 10 percent of the appropriate annual exposure limit as specified previously. For persons 18 years of age or older, 10 percent of the external, deep dose limit for the whole body is 500 milli-rem per year, and for persons under 18, 50 milli-rem per year.

Film badge dosimeters, issued when monitoring is required, should normally be changed at quarterly intervals in cases where radiation exposure is likely to be nominal.

2.4 Personnel Exposure Records

Personnel exposure data shall be part of the permanent records of Environmental Health and Safety Office. Upon written request by any employee or student, Environmental Health and Safety will provide a copy of the individual’s exposure history. In addition, in any case where exposures of an individual to radiation must be reported to the NRC and/or the State Department of Health Services pursuant to regulations, such individuals will be notified in writing of the nature and extent of their exposure. The form or record must show each period in which the
individual received occupational exposure to radiation and must be signed by the individual who received the exposure.

3. SPECIFIC REQUIREMENTS FOR RADIATION PRODUCING MACHINES

3.1 Proposal for Use

Departments desiring to purchase or acquire radiation-producing machines shall submit the following information to EH&S:

A. Name of the Authorized User and extent of experience with the particular radiation-producing machine requested.

B. Names of personnel who will use the machine.

C. Description of the machine and its proposed use.

D. Safety provisions which will be provided, such as shielding, equipment safety devices, and monitoring.

E. A use authorization specifically (RUA) designed for the particular radiation-producing machine shall be on file with the Environmental Health and Safety Office. Each individual assigned responsibility for operating the machine shall be thoroughly familiar with the safety protocol prior to assuming his/her duties as an operator.

F. The RUA will be valid for a period of 5 years as long as the operator or the instrument parameters do not change.

3.2 Purchases

All purchases of radiation producing machines shall be made through the normal procedures of the Purchasing Department upon appropriate approval by the RSO.

3.3 Survey of Installation

Prior to use, installations of radiation producing machines, whether newly acquired, relocated, modified or repaired, shall be surveyed by Environmental Health & Safety in order to determine effectiveness of radiation hazard controls.

3.4 Warning Signs and Labels
All devices and equipment capable of producing radiation when operated shall be appropriately labeled so as to caution individuals that use such devices or equipment. "Caution, produces radiation when energized" shall be posted on the machine. The entry to the use area must be posted "Caution X-Ray"

3.5 Changes in Location and Disposition
Changes in the location or disposition of radiation producing machines must have prior approval of the RSO. Environmental Health & Safety shall be given notice of intent to dispose or transfer a radiation-producing machine.

3.6 State Department of Public Health Registration
The RSO is responsible for notifying the State Department of Public Health (CDPH) of the total number of machines including their type and location. All radiation producing machines shall be registered with CDPH.

3.7 Training

A. All persons authorized to use a radiation-producing machine shall be trained in the safe use of x-ray machines. Exceptions to this training requirement shall be given to certified x-ray technologists, and those who operate incidental sources of x-rays (Section 3.8) if it is demonstrated that there is no x-ray hazard.

B. Persons operating x-ray machines for the purpose of examination of human beings must be certified by the State of California in Diagnostic Radiologic Technology or equivalent to operate the diagnostic machine they will be using such as x-ray bone densitometry.

Exemptions: A physician shall not be required to obtain a certificate from the State if that physician meets certain criteria.

Training is on-line or in-person by EH&S, followed up by practical training by the Authorized User. Training will consist of instruction in general radiation concepts, x-ray machine safety requirements, methods of minimizing radiation exposure, health effects of radiation, and operational procedures.

3.8 Sources of Incidental X-Rays

Some electrical equipment operating at potentials of 20 kV and above are capable of producing x-rays. Anyone acquiring or constructing equipment operating at 30kV and higher and employing cathode-ray tubes, rectifier tubes, klystrons, or magnetrons should contact the RSO so that the machine may be checked under operating conditions to insure that no significant exposures may occur to operating personnel. A common example is electron microscopes. Registration is generally required and annual testing for radiation leakage should be performed.
3.9 Analytical X-Ray Equipment
This includes any x-ray equipment where the x-ray beam is used for a specific purpose, except medical or veterinary units. Contact the RSO if there is a question about applicability.

A. Equipment Requirements:

1. Safety Device. A device which prevents the entry of any portion of an individual’s body into the primary x-ray beam path or which causes the beam to be shut off upon entry into its path shall be provided. Preferable configuration is that the x-ray beam is enclosed in an interlocked cabinet.

2. Warning Devices.
   a. X-ray tube status indicator located near the radiation source housing, if the primary beam is controlled in this manner; and/or
   b. Shutter status indicator located near each port on the radiation source housing, if the primary beam is controlled in this manner.
   c. Warning devices shall be labeled so that their purpose is easily identified.

3. Ports. Unused ports on radiation source housings shall be secured in the closed position in a manner that will prevent casual opening.

4. Radiation shielding requirements: The external radiation emission shall not exceed 0.5 mR in 1 hour at 5 centimeters from the beam containment at maximum power.

B. Operating Requirements

1. Procedures: Operating procedures shall be written and available to all analytical x-ray equipment workers. They should be posted by the machine. No person shall be permitted to operate analytical x-ray equipment in any manner other than that specified in the procedures.

2. Bypassing: No person shall bypass a safety device unless such person has obtained the written approval of the RSO.

3. Use Log: Each user shall maintain current utilization logs which shall be kept available for inspection, containing the following information for each radiation machine:
   a. The identity of the machine.
   b. The location, date, and the identity of the individual operator for each use.
   c. The voltages, current, and exposure time for each use

C. Annual Inspection
Annually EH&S or a qualified expert must evaluate each machine for radiation leakage and interlock function.

3.10 Radiation Safety Requirements for Medical, Dental, and Veterinary X-Ray Equipment

This equipment must be designed, used, and maintained according to California State Regulations. New installations and modifications must be approved by EH&S. California Code of Regulations Title 17 Sections 30305 through 30314 will apply. X-ray protection shielding for patients, operators, and the general public must be designed according to standards. Medical equipment should be evaluated by the manufacturer or other qualified individual annually. Dosimetry will be assigned to operators.

3.11 Radiation Safety Requirements for Industrial Radiography

Industrial radiography means the examination of the physical structure, but not the microscopic structure, or elemental or chemical composition, of materials, other than human beings or animals, by nondestructive testing, utilizing radiation. At CPSU any industrial radiography must be done in an interlocked cabinet, unless specific permission is given by the RSO. Cabinet radiography operators are required to have additional written and practical training. An example of cabinet radiography is a pass-through package inspection system. Requirements for analytic x-ray equipment apply (see section 3.9.

4. EMERGENCIES

In the event of an overexposure or excessive levels of radiation delivered to the whole body, skin or extremities:

A. Notify the RSO weekdays, 0800-1700, extension 66628; other times call the University Police, extension 62281, who will contact the RSO.

B. If necessary, in accordance with CCR Title 17, 30295 and 30297, notification and reporting to the State Department Health Services, Radiological Health Section, will be carried out by the RSO.

C. Do not delay in arranging prompt medical attention should an exposure in excess of the limits in table 5.1 be suspected or if skin erythema or any other non-stochastic injury should appear.

An Incident Report must be filled out and submitted to the RSO within 24 hours.