

PROTECT YOURSELF When the Ground Begins to Shake!



During earthquakes:

DROP to the floor

Take COVER under a sturdy desk or table
(if no table- cover your head with your arms)

HOLD ON to the table/desk- even if it moves!
(If no table- keep your head protected)


Earthquake Country **Alliance**
We're all in this together.

GET PREPARED
Earthquakecountry.info


DROP! COVER! HOLD ON!

PROTECT YOURSELF
dropcoverholdon.org


**Shake
Out**

PRACTICE
ShakeOut.org