<table>
<thead>
<tr>
<th>Benefit Plan</th>
<th>Website/Phone #</th>
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<tr>
<td><strong>Health</strong></td>
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<tr>
<td>Blue Shield Access +</td>
<td><a href="http://www.blueshieldca.com">www.blueshieldca.com</a></td>
<td>(800) 334-5847</td>
</tr>
<tr>
<td>Blue Shield Trio</td>
<td><a href="http://www.blueshieldca.com">www.blueshieldca.com</a></td>
<td>(800) 334-5847</td>
</tr>
<tr>
<td>UnitedHealthcare</td>
<td><a href="http://www.calpers.welcometouhc.com">www.calpers.welcometouhc.com</a></td>
<td>(777) 359-3714</td>
</tr>
<tr>
<td>Anthem HMO Traditional</td>
<td><a href="http://www.anthem.com/ca/calpers">www.anthem.com/ca/calpers</a></td>
<td>(855) 839-4524</td>
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<tr>
<td>PERS Gold PPO Grp#W0051411</td>
<td><a href="http://www.anthem.com/ca/calpers">www.anthem.com/ca/calpers</a></td>
<td>(877) 737-7776</td>
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<tr>
<td>PERS Platinum Grp#W0051411</td>
<td>(800) 334-5847</td>
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<tr>
<td>Coastal Communities Physician Network (HMO)</td>
<td><a href="http://www.ccnpnhn.com">www.ccnpnhn.com</a></td>
<td>(800) 763-7732</td>
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<tr>
<td>Physician’s Choice Network (HMO)</td>
<td><a href="http://www.physicianschoicemedicalgroup.com">www.physicianschoicemedicalgroup.com</a></td>
<td>(888) 560-8799</td>
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<tr>
<td>PORAC PPO Plan (Police - Unit 8 only)</td>
<td><a href="http://www.porac.org">www.porac.org</a></td>
<td>(800) 288-6928</td>
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<tr>
<td>CVS Caremark Pharmacy (BS Trio &amp; Access+)</td>
<td><a href="http://www.caremark.com">www.caremark.com</a></td>
<td>(866) 346-7200</td>
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<tr>
<td>OptumRx (All other plans)</td>
<td>optumrx.com/calpers</td>
<td>(855) 505-8110</td>
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<tr>
<td>Delta Dental PPO Grp# 4018</td>
<td>deltadentalins.com/csustandard</td>
<td>(800) 626-3108</td>
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<tr>
<td>DeltaCare HMO Grp# 72034</td>
<td>deltadentalins.com/csuhcra</td>
<td>(844) 519-8751</td>
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<tr>
<td>Vision Service Plan- Basic Grp# 30059426</td>
<td><a href="http://www.vsp.com">www.vsp.com</a></td>
<td>(800) 877-7195</td>
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<tr>
<td>Vision Service Plan- Premier Grp# 30077022</td>
<td>(877) 396-7194</td>
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<td>TruHearing Plan</td>
<td><a href="http://www.truhearing.com/vsp">www.truhearing.com/vsp</a></td>
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<td><strong>Voluntary Plans</strong></td>
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<td>The Standard (Life, Long Term Disability Accident Ins &amp; Critical Care)</td>
<td><a href="http://www.standard.com/mybenefits/csustandard">www.standard.com/mybenefits/csustandard</a></td>
<td>(800) 378-5745</td>
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<td>ASIFlex (Flex Spending Accts: HCRA/DCRA)</td>
<td><a href="http://www.asiflex.com">www.asiflex.com</a></td>
<td>(800) 659-3035</td>
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<td>MetLife – Prepaid Legal Plan</td>
<td><a href="http://www.metlife.com/mybenefits">www.metlife.com/mybenefits</a></td>
<td>(800) 438-6388</td>
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<tr>
<td>VSP Premier Plan Grp# 30077022</td>
<td><a href="http://www.csuactives.vspforme.com">www.csuactives.vspforme.com</a></td>
<td>(800) 400-4569</td>
</tr>
<tr>
<td>California Casualty (Home, Auto, Rental Ins.)</td>
<td><a href="http://www.calcas.com/csucalifornia">www.calcas.com/csucalifornia</a></td>
<td>(866) 680-5142</td>
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<tr>
<td><strong>Retirement</strong></td>
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<tr>
<td>CalPERS</td>
<td><a href="http://www.calpers.ca.gov">www.calpers.ca.gov</a></td>
<td>(888) 225-7377</td>
</tr>
<tr>
<td><strong>Cal Poly Retirement</strong> Erin Carlisle</td>
<td>email: <a href="mailto:ecarlisl@calpoly.edu">ecarlisl@calpoly.edu</a></td>
<td>(805) 756-5473</td>
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<tr>
<td>PST (Part Time, Seasonal, Temporary employees)</td>
<td><a href="http://www.savingsplusnow.com">www.savingsplusnow.com</a></td>
<td>(855) 616-4776</td>
</tr>
<tr>
<td>Savings Plus - 401(k) and 457 Plans</td>
<td><a href="http://www.savingsplusnow.com">www.savingsplusnow.com</a></td>
<td>(855) 616-4776</td>
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<tr>
<td>Fidelity Investments 403(b) - Plan ID 50537</td>
<td>netbenefits.com/calstate</td>
<td>(877) 278-3699</td>
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<td><strong>Other Programs</strong></td>
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<tr>
<td>Life Matters by Empathia</td>
<td><a href="http://www.my">www.my</a> lifematters.com</td>
<td>(800) 367-7474</td>
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<tr>
<td>Employee Assistance Program (EAP) Password: calpoly</td>
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<tr>
<td>Employee Educational Fee Waiver</td>
<td>email: <a href="mailto:feewaiverslo@calpoly.edu">feewaiverslo@calpoly.edu</a></td>
<td>(805) 756-2236</td>
</tr>
<tr>
<td>Worker’s Compensation: Christina Juarez</td>
<td>email: <a href="mailto:cdjuarez@calpoly.edu">cdjuarez@calpoly.edu</a></td>
<td>(805) 756-6674</td>
</tr>
<tr>
<td>Disability/Parental/Family Medical Leaves: Shelly Giesmann</td>
<td>email: <a href="mailto:sgiesman@calpoly.edu">sgiesman@calpoly.edu</a></td>
<td>(805) 756-5395</td>
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