



# Benefits designed with care

Use this guide to review the **UnitedHealthcare SignatureValue® Alliance HMO** plan, learn about plan benefits and more








**2022 Open Enrollment**

United  
Healthcare



# Review your Alliance HMO plan option

The UnitedHealthcare SignatureValue Alliance HMO plan emphasizes patient-centered quality care with the goal of keeping you and your family healthier while helping to reduce your health care costs. With this plan, there is no additional cost for preventive care, and you'll have access to on-site, one-stop care. Key details are included in the charts on the next few pages.

Health plan details	SignatureValue Alliance HMO
 <b>Network coverage only</b> You may save money when you receive care for covered benefits from network providers.	✓
 <b>Primary care physician (PCP) required*</b> You and each enrolled person on your plan will need to choose a PCP.	✓
 <b>Referrals required</b> You'll need referrals from your PCP before seeing a specialist or getting certain health care services.	✓
 <b>Pharmacy benefits administered by OptumRx®</b> You'll be able to order up to a 3-month supply of medications you take regularly and have them delivered right to your home.	✓
 <b>One-stop call resolution</b> You'll have access to a dedicated call center for answers to all of your questions about care, benefits and coverage, including referrals and claims.	✓



\* Laws in some states allow you to choose a specialist, like an OB/GYN as your PCP. Sign in to [uhc.com/CalPERS](https://www.uhc.com/CalPERS) to see the providers in your network.

# Explore more benefits that are part of the plan

UnitedHealthcare's digital tools and online resources help make managing your health—and health plan—easier and more convenient. Here are just a few examples of what's included.



## Real Appeal

### Lose weight, feel great

Connect with a community of support with Real Appeal®, an online weight loss program designed to inspire healthier behaviors. It includes group coaching sessions, 24/7 access to videos, tools to track your progress and more.



## myuhc.com

### Your hub for plan details

Built to help you manage your plan 24/7, [myuhc.com](https://myuhc.com)® gives you access to all your plan info in one place, so you can find care, see what's covered, manage your claims and so much more.



## Rally

### Rewards for well-being

Have fun and get healthier with Rally®. Get personalized support to help you achieve your health goals, join missions and complete activities to earn Rally Coins that you can use for a chance to win rewards.



## UnitedHealthcare app

### Get on-the-go access

When your health plan's right at your fingertips, you can manage your benefits anytime, anywhere. Use the UnitedHealthcare® app to find nearby care, video chat with a doctor 24/7, see claims and view your health plan ID card.



## Nurse Line

### Chat with a nurse anytime

Call **1-800-370-3526**, TTY **711**, to reach a nurse 24 hours a day, 7 days a week. For international callers: **1-866-592-2365**.



## Virtual Visits

### Get care, virtually anywhere

With Virtual Visits, you can chat with a health care provider by computer or mobile device.\* Doctors can diagnose and treat common, nonemergency conditions—from seasonal flu to pinkeye.

\* Data rates may apply.

# Review your plan coverage details

Once you've enrolled, your PCP will be your first source for care and can coordinate any specialty care you may need. Age-appropriate preventive care services are covered for routine wellness exams, well-child exams, mammograms, flu shots and other immunizations when provided through your PCP.

Health plan details	SignatureValue Alliance HMO
<b>Medical copays and coinsurance</b>	<b>You pay</b>
<b>Deductible</b>	
Employee	N/A
Family	N/A
<b>Out-of-pocket limit</b>	
Employee	\$1,500
Family	\$3,000
<b>Lifetime maximum</b>	Unlimited
<b>Doctors and specialists</b>	
Doctor visit	\$15 copay
Specialist visit	\$15 copay
Chiropractic/acupuncture	\$15 copay
Virtual Visits	\$15 copay
<b>Preventive care</b>	
Well-child visits	No charge
Mammogram	No charge
Immunizations	No charge
Annual physical	No charge
<b>Urgent and emergency care</b>	
Urgent care visit	\$15 copay
Emergency room	\$50 copay
Ambulance	No charge
<b>Hospital care</b>	
Outpatient surgery	No charge
Lab and X-ray	No charge
Hospital stay	No charge
Maternity stay	No charge
<b>Mental health and substance use</b>	
Outpatient visits	\$ 15 copay
Inpatient visits	No charge
<b>Prescription drugs (offered through OptumRx)</b>	<b>You pay</b>
<b>Retail pharmacy</b>	
Generic	\$5
Brand formulary	\$20
Non-formulary	\$50
<b>Mail-order pharmacy</b>	
Generic	\$10
Brand formulary	\$40
Non-formulary	\$100

# Search the Alliance HMO network to find your PCP

The Alliance HMO plan requires you to select a PCP for you and each family member covered under your plan. Your PCP is your health guide — someone who can help connect you to the care you need and help you avoid cost surprises. Go to [uhc.com/CalPERS](http://uhc.com/CalPERS) to browse network PCPs.

## Enjoy freedom of choice

The medical groups in the Alliance HMO network have been selected for their technology and consistent level of quality care. Choose from 35,281 physicians and 258 hospitals.<sup>1</sup> The SignatureValue Alliance network includes these physician groups:

 <b>APPLECARE</b> MEDICAL GROUP <small>Part of OptumCare®</small>	AppleCare Medical Group	 <b>MemorialCare</b> Medical Group	Memorial Care Medical Group
 <b>BROWN &amp; TOLAND</b> PHYSICIANS	Brown & Toland Physicians	 <b>Monarch HealthCare</b> <small>A MEDICAL GROUP, INC.</small>	Monarch HealthCare Medical Group
 <b>CCPN</b> <small>Coastal Communities Physician Network</small>	Coastal Communities Physicians Network	 <b>OPTUM</b> <sup>®</sup>	Optum Care Network
 <b>EPIC Health Plan</b>	EPIC Health Plan	 <b>PRIMECare</b> <small>Medical Network, Inc.</small>	PrimeCare Medical Network, Inc.
 <b>GREATER NEWPORT</b> PHYSICIANS	Greater Newport Physicians	 <b>SANTÉ COMMUNITY</b> PHYSICIANS	Santé Community Physicians
 <b>HERITAGE PROVIDER NETWORK</b>	Heritage Provider Network	 <b>Scripps</b>	Scripps Clinic
 <b>Hill</b> Physicians <small>Your health. It's our mission.</small>	Hill East Bay Alliance	 <b>Sutter Health</b> <small>We Plus You</small>	Sutter Health







# Participating medical groups\*

Group name	Group #	Group name	Group #
<b>Alameda County</b>		<b>Los Angeles County (cont.)</b>	
Brown and Toland Physicians – East Bay	028466	Lakeside Medical Group Central – N Valley (Heritage)	24671
Hill Physicians East Bay	028669	Lakeside Medical Group Central – Santa Clarita (Heritage)	24677
Palo Alto Medical Foundation	012140	Lakeside Medical Group Central – Verdugo Hills (Heritage)	24681
Sutter East Bay Medical Foundation	020637	Lakeside Medical Group East – Glendora (Heritage)	24674
Sutter East Bay Medical Foundation – Diablo Division	024058	Lakeside Medical Group East – Pomona (Heritage)	24679
<b>Contra Costa County</b>		Lakeside Medical Group East – San Gabriel Valley (Heritage)	24686
Hill Physicians East Bay	028669	Lakeside Medical Group East – West Covina (Heritage)	24675
Sutter East Bay Medical Foundation – Diablo Division	024058	Lakeside Medical Group West – Agoura Hills (Heritage)	24672
<b>Fresno County</b>		Lakeside Medical Group West – Tarzana (Heritage)	24684
Santé Community Physicians	016405	Lakeside Medical Group West – West Hills/Canoga Park (Heritage)	24683
Santé Community Physicians	016406	Optum Care Network – Arcadia	028404
<b>Kern County</b>		Optum Care Network – Burbank/Glendale	028401
Bakersfield Family Medical Group	004209	Optum Care Network – East LA	028399
Heritage Physician Medical Group	007665	Optum Care Network – East West	028411
<b>Kings County</b>		Optum Care Network – Long Beach	028454
Santé Community Physicians	016405	Optum Care Network – LA County	028393
Santé Community Physicians	016406	Optum Care Network – Lcom	028436
<b>Los Angeles County</b>		Optum Care Network – Montebello	028388
AppleCare Medical Group Downey	015967	Optum Care Network – Northridge	028416
AppleCare Medical Group Select	025327	Optum Care Network – Pasadena	028410
AppleCare Medical Group St Francis	014692	Optum – Pasadena Main	028391
AppleCare Medical Group Whittier	021736	Optum – San Gabriel	028764
Chaffey Medical Group	027892	Optum Care Network – San Dimas	028419
Fenix Medical Group	029490	Optum Care Network – SGV	028422
Optum-Magan Medical Clinic	028445	Regal Medical Group Burbank-Glendale	017556
Heritage High Desert	3804	Regal Medical Group Central Valley	012410
Heritage Provider Network	12977	Regal Medical Group Covina	017778
Lakeside Medical Group Central – Burbank/N Hollywood (Heritage)	24664		
Lakeside Medical Group Central – Central Valley (Heritage)	24670		
Lakeside Medical Group Central – Glendale (Heritage)	24662		

\*For the most up-to-date listing of participating medical groups near you, visit [uhc.com/CalPERS](http://uhc.com/CalPERS) or call our customer service team at 1-877-359-3714.

## Participating medical groups\* (continued)

Group name	Group #	Group name	Group #
<b>Los Angeles County (cont.)</b>		<b>Placer County</b>	
Regal Medical Group Downey	017547	Sutter Independent Physicians	005204
Regal Medical Group East San Gabriel Valley	017555	Sutter Medical Foundation/ Sutter Medical Group	005200
Regal Medical Group Glendale Physicians Association	023187	<b>Riverside County</b>	
Regal Medical Group Long Beach	017552	Beaver Medical Group	027825
Regal Medical Group Los Angeles	014163	Desert Oasis Healthcare	021796
Regal Medical Group San Gabriel Valley	014888	PrimeCare of Citrus Valley	021243
Regal Medical Group St. Francis	017551	PrimeCare of Corona	005232
Regal Medical Group West Valley	017554	PrimeCare of Hemet Valley	009023
Regal Medical Group Whittier	017550	PrimeCare of Moreno Valley	003111
Sierra Clinic	023023	PrimeCare of Riverside	008331
Sierra IPA	023025	PrimeCare of Sun City	004140
Sierra Medical Group Santa Clarita	029357	PrimeCare of Temecula	006657
<b>Madera County</b>		Redlands – Yucaipa Medical Group	027828
Santé Community Physicians	016405	Regal Medical Group Riverside	021553
Santé Community Physicians	016406	Regal Medical Group Temecula	020950
<b>Marin County</b>		Tri-Valley Medical Group	026432
Brown & Toland Medical Group	026920	Valley Physicians Network	026405
<b>Merced County</b>		<b>Sacramento County</b>	
Sutter Gould Medical Foundation/ Gould Medical Group	029365	Sutter Independent Physicians	005204
<b>Orange County</b>		Sutter Medical Foundation/ Sutter Medical Group	005200
ADOC Fountain Valley	025400	<b>San Bernardino County</b>	
ADOC Los Alamitos	025401	Alliance Desert Physicians	024628
Edinger Medical Group	026621	Beaver Medical Group	027825
Greater Newport Physicians – Long Beach	026678	Chaffey Medical Group	027892
Greater Newport Physicians – Orange Coast	026695	Pinnacle Medical Group	027850
Greater Newport Physicians – Saddleback	025679	PrimeCare of Inland Valley	006045
Memorial Care Medical Group	025679	PrimeCare of Redlands	001026
Monarch HealthCare	021963	PrimeCare of San Bernardino	019383
Optum Care Network – Arta Health	029878	Redlands – Yucaipa Medical Group	027828
Optum Care Network – Orange County	028427	Regal Medical Group APSI	020670
Optum Care Network – South Coast	028461	Regal Medical Group Chino Hills	017553
Regal Medical Group Caduceus	019793	Regal Medical Group San Bernardino	020668
Regal Medical Group Orange County	018831	Sierra Medical Group – Santa Clarita	029357
		VVIPA Medical Group	028857

\*For the most up-to-date listing of participating medical groups near you, visit [uhc.com/CalPERS](http://uhc.com/CalPERS) or call our customer service team at 1-877-359-3714.



## Participating medical groups\* (continued)

Group name	Group #	Group name	Group #
<b>San Diego County</b>		<b>Stanislaus County</b>	
Mercy Physicians Medical Group – Scripps Care Affiliate	026282	Sutter Gould Medical Foundation/ Central Valley Medical Group	029354
Primary Care Associates Medical Group – Scripps Care Affiliate	026443	Sutter Gould Medical Foundation/ Gould Medical Group	029350
Scripps Clinic	003682	Sutter Gould Medical Foundation/ Gould Medical Group	029358
Scripps Coastal Medical Center	023659	<b>Ventura County</b>	
Scripps Physicians Medical Group	005375	Lakeside Medical Group Simi Valley	024682
<b>San Francisco County</b>		Lakeside Medical Group Thousand Oaks	024678
Brown & Toland Medical Group	026920	Regal East Ventura County	021557
PAMF Mills Peninsula	005200	Regal West Ventura County	022251
<b>San Joaquin County</b>		<b>Yolo County</b>	
Sutter Gould Medical Foundation/ Gould Medical Group	029361	Sutter Medical Foundation	009695
Sutter Gould Medical Foundation/ Gould Medical Group	029356		
Sutter Gould Medical Foundation/ Gould Medical Group	029364		
<b>San Luis Obispo County</b>			
Coastal Communities Physician Network	028856		
<b>San Mateo County</b>			
Mills Peninsula Medical Group	025525		
Palo Alto Medical Foundation	024896		
<b>Santa Clara County</b>			
Palo Alto Medical Foundation	012140		
Palo Alto Medical Foundation	023856		
Silicon Valley Medical Dev	031727		
<b>Santa Cruz County</b>			
Palo Alto Medical Foundation	023859		
<b>Solano County</b>			
Sutter Medical Foundation/ Sutter Medical Group	024365		
<b>Sonoma County</b>			
Sutter Pacific Medical Foundation/ Sutter Medical Group of The Redwoods	024624		

\* For the most up-to-date listing of participating medical groups near you, visit [uhc.com/CalPERS](http://uhc.com/CalPERS) or call our customer service team at 1-877-359-3714.

# Now you're ready to roll

## Review your option(s)

Now that you've had some time to review all the details, you're ready to enroll in the plans that fit you best.

## Get ready for coverage to begin

While waiting for your plan's start date, you can search the network for providers near you at [uhc.com/CalPERS](https://www.uhc.com/CalPERS).

## Say hello to your benefits

Watch the mail for your welcome kit and health plan ID card— then go to [myuhc.com](https://www.myuhc.com) and download the UnitedHealthcare® app to stay connected.



## An easier way to get the most out of your benefits

Throughout the plan year, you can sign in to [myuhc.com](https://www.myuhc.com) and use the UnitedHealthcare app to see what's covered, view average costs, find network providers and more.

# We're here to help

Get even more info about your option(s)

[uhc.com/CalPERS](https://www.uhc.com/CalPERS)

1-877-359-3714, TTY 711









# United Healthcare

<sup>1</sup> Network counts accurate as of April 2021.

Rally® Health provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional. Participation in the health survey is voluntary. Your responses will be kept confidential in accordance with the law and will only be used to provide health and wellness recommendations or conduct other plan activities.

Virtual Visits phone and video chat with a doctor are not an insurance product, health care provider or a health plan. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

Real Appeal® is a voluntary weight loss program that is offered to eligible participants as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. Any items/tools that are provided maybe taxable and participants should consult an appropriate tax professional to determine any tax obligations they may have from receiving items/tools under the program.

The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

Laws in some states allow you to choose a specialist, like an OB/GYN, as your PCP. Sign in to [uhc.com/CalPERS](http://uhc.com/CalPERS) to see the providers in your network.

Health plan coverage provided by or through UnitedHealthcare Insurance Company, UHC of California and UnitedHealthcare Benefits Plan of California. Administrative services provided by United Healthcare Services, Inc., OptumRx or OptumHealth Care Solutions, Inc. Behavioral health products are provided by U.S. Behavioral Health Plan, California (USBHPC).

B2C EI21619443.0 7/21 © 2021 United HealthCare Services, Inc. All Rights Reserved. 21-619101-E