



## Traveler's Acknowledgement of Risk Guidance

Travel increases your chances of getting and spreading COVID-19. If you must travel, make sure you are aware of and adhere to restrictions for your destination and place of return. Within the United States, check the [state and territorial health department websites](#) for the latest information.

According to the Centers for Disease Control and Prevention (CDC), coronavirus is a type of virus that causes diseases ranging from the common cold to more serious respiratory disease. The CDC reports that people with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness or death. Typically symptoms include fever, cough and shortness of breath. Severe illness is more common in people with underlying health conditions or weakened immune systems, as well as older adults. Symptoms may appear 2-14 days after exposure to the virus.

### [Covid-19 Exposure Prevention](#)

Guidelines issued by public health agencies and federal, state, local governments must be followed during travel. These guidelines may change as information develops.

CDC guidance can be found at the following site: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>. Additional guidance for travelers can be found at CDC's website [Considerations for Travelers](#).

Travel may increase your chances of getting and spreading COVID-19. Airports, bus stations, train stations, and rest stops are all places travelers can be exposed to the virus in the air and on surfaces. These are also places where it can be hard to social distance (keep 6 feet apart from other people). Learn more about how to protect yourself from COVID-19 on different types of transportation on CDC's website [Protect Yourself When Using Transportation](#).

#### ❖ **Protect yourself and others during your trip:**

- Clean your hands often – wash with soap and water for at least 20 seconds
  - If soap and water are not available, bring and use hand sanitizer that contains at least 60% alcohol
- Avoid close contact with others
  - Maintain a minimum 6 feet of physical distance from others
- Avoid touching your eyes, nose, or mouth
- Wear a cloth face covering when in public
- Cover coughs and sneezes

#### ❖ **Do not travel if you are sick**, or if you have been around someone with COVID-19 in the past 14 days. Do not travel with someone who is sick.

By signing below, I understand and acknowledge the general risks of travel and the specific risks associated with COVID-19. I have read the attached guidance for recommended safety precautions associated with COVID-19. I understand that safety precautions will not eliminate the risk of contracting COVID-19 and that this travel may increase my risk of exposure. The University does not require that I engage in this travel. I have made an independent assessment of the risks to me in participating in this travel and I voluntarily accept these risks and assume full responsibility for my health and wellbeing during this travel.

Traveler's Signature (required) \_\_\_\_\_